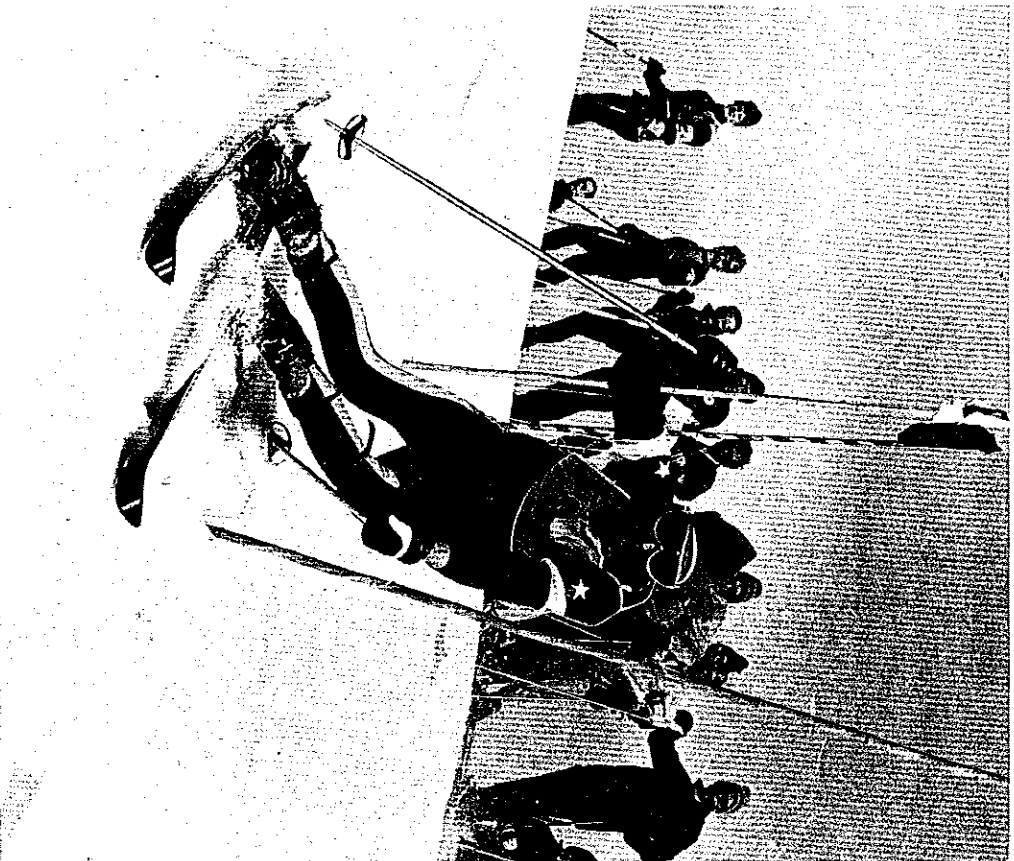


SKI CLUB NEWS

PUBLISHED FOR THE MEMBERS OF THE MT. MANSFIELD SKI CLUB



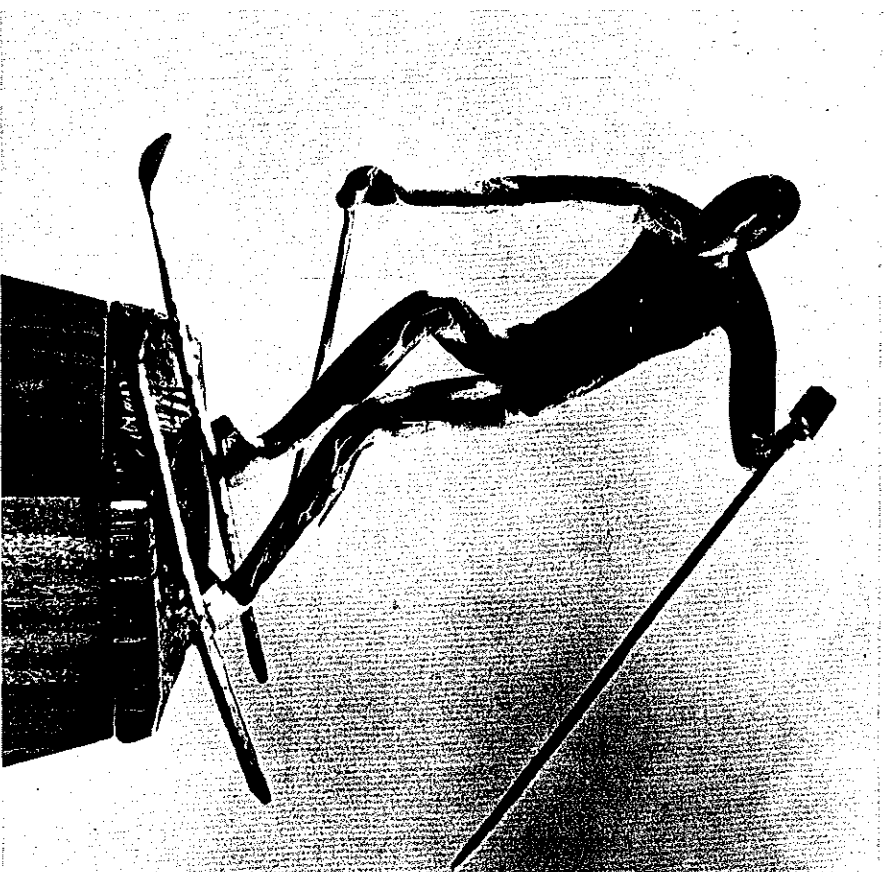
Winning

Form

Mirrors

Starr

Trophy



MARCH 1970

STOWE,

VERMONT





SKI CLUB NEWS

PUBLISHED FOR THE MEMBERS OF THE MT. MANSFIELD SKI CLUB

Editor Thomas J. Riley
 Associate Editor Frank Springer-Miller
 Contributing Editor Lanou Hudson

Mt. Mansfield Ski Club

OFFICERS

President William Harrington
 1st Vice President George Thompson
 2nd Vice President Charles Black
 Executive Secretary & Treasurer Paul Biedermann

DIRECTORS

Sepp Ruschp
 Charles Buik
 Lanou Hudson
 Frank Springer-Miller
 John Flint
 Thomas Amidon

Dawn Hazeleitt
 Arthur Goodrich
 Henry Simoneau
 J. Bishop McGill, M.D.
 Gale Shaw, Jr.
 Peter Ruschp

COMMITTEES

BUDGET AND FINANCE - Sepp Ruschp, Gale Shaw, Jr., John Flint, EXECUTIVE - John Flint, William Harrington, Sepp Ruschp, Gale Shaw Jr. and George Thompson. **TRIP FLIGHT** - Charles Black, Peter Dresser and Dawn Hazeleitt. **TROPHY** - Gale Shaw, Jr. **RACE** - Henry Simoneau, **MEMBERSHIP** - Frank Springer-Miller, **JUNIOR RACING** - Charles Buik, **SKI PATROL** - Lanou Hudson. **ENTERTAINMENT** - George Thompson. **RACE TIMING** - Dawn Hazeleitt, **NOMINATING** - Arthur Goodrich.

LETTERS

Dear Mt. Mansfield Ski Club,
 I'd like to thank you for a good, smoothly run weekend of racing. I was especially impressed with the job you did on the Giant Slalom hill. I know it took a lot of manhours, and we appreciate it. It was a real treat to see Stowe with sunny skies and fair temperatures.
 Thanks again for all you did for us.

Ann Black
 U.S. Ski Team

Dear Mr. Ruschp:
 I just wanted to thank you, on behalf of the

USSA, for the great job that the Mt. Mansfield Corporation, the Mt. Mansfield Ski Club and our many friends in Stowe did in putting on the very successful C.V. Starr races last weekend. In spite of the adverse trail conditions the week before the meet, by race day the conditions were perfect and the race was conducted in the usual exemplary fashion.
 Thanks again for your support.

Charles T. Gibson
 1st Vice-President
 USSA

Dear Mr. Biedermann,
 Despite all of the adverse weather conditions Stowe put on an excellent race weekend. It is

BITS AND PIECES

SUGAR SLALOM. Remember, as a MMSC Member you are entitled to free admission to the Sugar Boogie party and dance at Spruce House April 11 . . . don't forget your membership card!

THE COVER. Stowe News Bureau cameras captured Mens Combined winner Tyler Palmer as he displayed form that was an exact mirror image of the Starr Trophy itself. Created by Robert Bourdon, the trophy was inspired by a photograph of another winner, Billy Kidd. Palmer and Ann Black skied away with the honors at the first annual C.V. Starr trophy race and kudos poured in from all over (see "Letters") for the way the race was run.

IT'S A MATTER OF POLICY. There will be an informal get-together with Policy Committeemen Gale Shaw, Peter Ruschp and Tom Amidon on Easter Sunday at 3:00 in the MMSC office. Your ideas and suggestions on the Junior Program are earnestly desired so if you can't make it, please write to Tom Amidon, c/o MMSC with your ideas.

IT'S YOUR MEDIUM. Let's have some messages. The MMSC Ski Club News is your publication. Write! Letters, articles and photographs are greatly appreciated, please send them in. If we run out of room, we'll add more pages.

FLIGHT 71. As of press time we have not received final information concerning next year's flight. As soon as we have it we'll pass it along via a special bulletin. Remember! Federal law requires that you be a member for at least six months prior to departure, Don't delay! Renew your membership as soon as you receive your application.

CONGRATULATIONS BILLY!

always enjoyable to attend races that are well run and Stowe always does it well.
 A special thank you to the ski club, Mr. Ruschp and all their fine help.

Sincerely,
 Karen Kerfanta
 U.S. Ski Team

President's Message

by Bill Harrington

The highlight of the 1970 Winter season came when Dean Slack of T. V. Station Channel 22 in Burlington, Vermont called me at the Ski Club office Sunday, February 8 to let us know that Bill Kidd had won the Bronze Medal at Val Gardena, Italy in the F.I.S. World Championships.

When the call came, we were in the process of getting the slalom under way at Little Spruce in the first running of the C. V. Starr Trophy Race. Sepp Ruschp recalled that it was exactly six years ago during the slalom race of the Stowe Cup at Little Spruce that we had received word that Bill Kidd had won the Silver Medal at Innsbruck, Austria in the 1964 Olympics.

Bill Kidd, after tragic injuries throughout his racing career, has shown great ability to fight back and has been willing to pay the price it takes to be No. 1. It is, and always has been an American zeal to be first in anything we do and to win, and to win, and to win.

To climax his finest hour he earned the first Gold Medal ever won by an American male in F.I.S. or Olympic skiing by taking the Combined Championship.

The first running of the C.V. Starr Memorial Trophy Race was held February 7 and 8. The weather was ideal for both days. The giant slalom and slalom events were attended by our country's top racers, many of whom had just returned from Europe. John Clough, the assistant men's National Coach, had just returned along with members of the National Team.

Saturday evening a cocktail party for the coaches, the press, and guests was held at the new Toll House Base Lodge. The competitor's banquet at the Base Lodge followed and the C.V. Starr Memorial Trophy was dedicated by Sepp Ruschp.

I would like to thank everyone who had a part in making the first running of the C.V. Starr Trophy Race such a tremendous success. A special thanks goes to the Stowe Area Association for arranging food and lodging for members of the National A and B team members.

The Price of Success

by Charles Buik

Unbelievable! Fantastic! could well describe the changes in Junior Racing over the past few years. Not too long ago, the race was considered "over" after the first 5 girls and 10 boys had run. That was the competition. But things are different now and in our last series of qualifying races and in all the races this season, we have 20 girls and 50 boys all capable of winning a race.

The 14 and 15 year old racers today have 5 or more years of top coaching and racing experience and our club has depth. Not one star but a whole group. Their performance both in racing and attitude has reflected favorably on our club and we do have a group to be proud of.

Jr. III & IV's Team

by
D.T. Elliman Jr.

The Junior III & IV Team (age 13 and under) has had a good if not spectacular year, under the fine coaching direction of Berndt Hecher.

Top individual performer was Stowe's Dia Elliman who won the Vermont State Championship and ranked throughout the winter as number one in the Northern area of the State.

Also placing well was another four year veteran on the team, John Teague who placed 4th in the State Championships and 2nd in the Northern Council. Barbara Cobb, also in her last year took a 3rd in the State Championships and finished 3rd in the Northern Council.

With many new, young members on the MMSC Team and the competition from elsewhere getting rougher and rougher, Mt. Mansfield no longer dominated the scene however, as they have done in previous years. Mt. Mansfield's three berths on the State team was a far cry from as little as three years ago when MMSC placed 14 members on this same team.

It will now be up to programs such as the newly formed "Hopefuls" as well as the young members of the team itself to again give us the depth and dominance held just a few short years ago.

Members of this year's team and their ages are as follows, ranked in the order in which they finished in the Northern Vermont Council. New members added to the team this year are starred. (*)

Girls

Dia Elliman 13
Barbara Cobb 13
Jennifer Black 12
*Mary Beth Quinn 12
*Lyndall Heyer 13
*Nancy Bell 10

Boys

John Teague 13
*Peter Kidd 12
Jay Laird 11
Toby Elliman 12
Jesse Beck 12
Jeff Stone 11
*John Drolet 10
*John Morrissey 10
*James Quinn 10

(Continued on page 6, col. 3)

"Hopeful" Program

by
D. T. Elliman, Jr.



The newest innovation in your Club's Junior Ski Program is the formation of an entirely new division called the "Hopefuls."

This Hopeful Program grew from an ever expanding interest in racing at the Junior level, and your Club's awareness of the need to bring tomorrow's stars along today.

This program was first begun during the Christmas vacation period and consisted of 32 neophyte racers aged 8 to 13 who were trying out for Mt. Mansfield Junior III & IV Team.

The Junior III & IV team itself is limited to 15 skiers and with only 6 openings on the team it was obvious that most would not make it. The Hopeful Program was set up therefore, as an end in itself with its primary purpose being to introduce as many kids as possible to the sport of ski racing and to provide them with the finest coaching available. Under the guidance of Friedl Fasser and Heinz Muehenschnabl, members of the Sepp Ruscshp Ski School, the kids had the opportunity to run slalom courses and train with other kids of the same age and ability in a program very similar to that of the regular Mt. Mansfield Junior Ski Team.

The interest and enthusiasm generated over the ten day Christmas period was so great, that it was agreed to continue the Hopeful Program every Sunday throughout the winter. A half dozen kids replaced those that graduated to the III & IV Team.

Added to the program was a limited race schedule of two Eastern sanctioned slaloms and two J.V. Council slaloms. Those latter races were open only to "Hopefuls" from neighboring areas and excluded regular Council Team members or outsiders.

If the kids were happy up to the point of having actual races, they became ecstatic after their first taste of real competition.

And they did well, extremely well. In their first J.V. Council Race at Madonna, Scott Moriarty and Westy Bennett placed first and second in the boys while Heather Buchanan and Danny Shaw repeated with a first and second in the girls.

Perhaps the top performance by a Hopeful this season was 9 year old Danny Shaw's victory at the U.S.E.A.S.A. sanctioned Eastern Slalom at Lyndonville in the Junior IV division. These races

attract top kids from all over the East, and with over 200 entries, it's not easy to break into the winner's circle.

We should all feel proud of the improvement, enthusiasm and accomplishments of our young Hopefuls. To them we look for tomorrow's winners.

Junior Skiing - Group I & II

by Charles Buik

As usual the junior program got started in December with a rather intensive training program. New this year was the appointment of Trow Elliman as the Chairman of the Group III and IV program, with Berndt Hecher back as coach of that group.

The I and II group (14 to 18) was fortunate to have Helmut Schanz back as coach and with the strongest team yet, in this age group.

Members for the season are:

Boys	Girls
Greg Bartlett	Mary Ellen Rathbone
Todd Buik	Mary Beth Bryan
Billy Rathbone	Molly Dever
Bobby McGill	Carol Skinger
Jeri Dever	Missy Dever
Doug Rossi	Ann Hazlett
Mark LaPointe	Wendy Von Allman
Whitt Hart	

Early season injuries to Mary Beth, Wendy and Ann set us back in the girl's group as our entire girl's squad would have qualified for the All State Team.

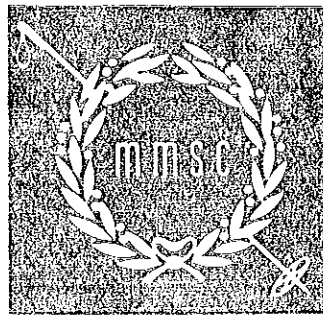
This season, and because of the great number of junior skiers involved Vermont was divided North and South with each to hold 12 qualifying races and to pick a team of 25 boys and 10 girls each for the All Vermont Qualifying Race. Despite the injuries all but one of our squad qualified. →

It's Carnival Time

in **STOWE**

Mt. Mansfield Ski Club sponsors

**Carnival Week
OPEN**



For Members and Guests

MARCH 10-11

Complete programs available at all Lifts and Public Places

With the SKI PATROL



By Lanou Hudson

With the coming of spring and corn snow conditions, most skiers ski high on the edges of the trails to avoid bumps and moguls. A word of caution, reduce your speed and tighten up on your control. Being so close to the woods, if you catch an edge serious injury could result. As the safe driving slogan says "Drive Ahead of Yourself," may we suggest "Ski Ahead of Yourself," and stay in control, it helps the patrol.

During the last month (Feb.) patrol men made several "rack checks" to see how well the average skier maintains his or her equipment. Only 85% of the bindings had safety straps and of that percentage over half of them were so worn and beat up that without a doubt they would fail if put to the test. A runaway ski is a dangerous weapon and people can be seriously injured by it. While we are on the subject, we have noticed many of the racers who are training on trails which are also being used at the same time by the public, are without safety straps. We feel that this condition should be corrected in some way by the coaches. We have no argument about racing without straps but feel that where the public is present the straps should be used. The patrols try to prevent accidents before they happen, — nuff said.

The All State Races included 11 separate races for 70 racers and were held to pick a Vermont Team of 15 boys and 9 girls. Out of 24 picked, our club had 9. This group will now race against N.Y., Mass., N.J. and Penn. to qualify for the Junior Eastern Championships and hopefully to the Junior Nationals to be held at Park City, Utah.

Ours is still a young group and we will only lose three this year with a great young group of racers under Berndt Hecher graduating into the I and II's next year.

Thanks to the new building program — aid rooms have been moved and improved to cope with trouble when and if it happens. They are located as follows, at the Toll House area at the base engine room, Nose Dive base area at the right side of the State Shelter entrance in rear, Gondola, at base station directly below the main entrance, at Spruce the base aid room is located to the left of Spruce House in the building that also houses the Ski Club office. Top first aid stations — at Octagon, under unloading ramp of double chair, take stairs down to right. At Gondola, small building to right of top station. At Big Spruce top station, the small building to right of the unloading ramp.

This winter the patrol has entered a new field, teaching first aid and survival to the local snowmobile clubs. Classes were held in Stowe and Burlington and the demand for more instructors has us snowed under. We hope by next season to be able to have a more complete and standardized course.

As the age of the skiing public increases another problem arises, that of cardiac problems. Thanks to the Vermont Heart Association and Lt. Corliss of the State Police, a training program has been carried out to enable our patrolmen to recognize and assist those with cardiac problems. Something new each year keeps everyone on their toes.

But one problem still remains — "Please do not ski alone — for your own safety — you may need your buddy's help."

"STAY IN CONTROL —

IT HELPS THE PATROL"

CATCH 'N EDGE

by
Bill Harrington

My work in skiing is a very rewarding task because, as Vermont Junior Race Chairman, I get to meet many dedicated people who really like young people and are willing to put in countless hours of hard work to make the Vermont Junior Program a success.

The Northern Council, Mid-Vermont Council, and the Southern Council all have programs in the individual ski areas throughout the State for girls and boys in the 8 through 13 year age group. They compete against each other within their councils during January and February and then name a team of 15 boys and 8 girls to represent their council in the State Championships.

This year the State Championships were hosted by the Mid-Vermont Council and the events were held at Killington. Saturday, February 28th they raced in three individual runs of slalom and Sunday, March 1st in two runs of giant slalom. The State Team of 15 boys and 8 girls was chosen at Killington to compete against teams from New York State, Pennsylvania, and New Jersey. These events were held at Burke Mountain, Vermont, and a team of 15 boys and 8 girls were selected to represent what is called the Western Region of the Eastern Ski Association.

Maine, New Hampshire, Massachusetts, Connecticut, and Rhode Island went through a similar schedule and their team of 15 boys and 8 girls will represent the Eastern Region of the Eastern Ski Association.

The final races for these 8 through 13 year old racers will be held at Stowe on March 15 and 16 bringing together these top 30 boys and 16 girls in the East. This is the first year this is being done and we at Stowe are looking forward to hosting these events.

On February 20, Sepp Ruschp, Bill Riley, J.M. Clarke and I attended a meeting at the Governor's Office in Montpelier called to plan a Vermont Day for Bill Kidd and Barbara and Marilyn Cochran to honor their outstanding efforts at the F.I.S. World Championships at Val Gardena, Italy.

(Continued on page 6, col. 2)

Mount Mansfield Ski Educational Foundation... Why and How

by Charles Black
President

When it became apparent to the directors of your club that it would be necessary to greatly expand our junior skiing program in order to provide the nucleus for strong future club teams, it became readily apparent that our existing dues structure would not be able to handle this increased financial load.

The original suggestion to set up a non-profit foundation was made by Dr. McGill. The Articles of Association and the by-laws were drawn up by Tom Amidon and submitted to the Internal Revenue Service. Basically, the purpose of the Mt. Mansfield Ski Educational Foundation, Incorporated, is the teaching and preparation of our club's young skiers for amateur alpine ski competition. Also, the managing and conducting of training, coaching and racing and such fund-raising activities as required to accomplish the purposes for which the organization has been created. We are also authorized to purchase, receive by loan or donation, and to distribute ski equipment as necessary to qualified youngsters for their use and protection in training or competition.

The Internal Revenue Service granted the foundation an exemption on August 26, 1969. The existence of the foundation has made it possible to receive contributions directly from the parents of not only the team youngsters but, also, the parents of all the "hopefuls." Through this means we have received direct dollar support from the parents of the children who are benefiting from the program.

We would like to continue to expand the junior skiing program so that more youngsters can come into racing at an early age and, also, to use the funds contributed to the foundation so that we may continue to hire the fine instructors and coaches that have done so much with our club children. Finally, it is the hope that through the foundation we will be able to support our better racers on the trips to national training camps that are so essential to their success.

Each year, in late fall, the foundation will send out an appeal to the membership of the ski club asking for your tax-deductible contributions. Individual acknowledgments will be sent to each contributor and through the medium of the club magazine, Foundation financial reports will be rendered to the membership.

OUR VERY SPECIAL THANKS to the following people, who as of press time have so generously supported the Mount Mansfield Ski Educational Foundation Inc.

- | | |
|-----------------------------|-----------------------------|
| William Hazelett | Clement J. Smith |
| Walter Laird | Berkley A. Tague |
| Harrington Brothers | Arno Heyn |
| Mr. & Mrs. Larry Hever | Frank Jones |
| Philip M. Lauziere | Robert Shultz |
| R.R. Unsworth | Siegfried H. Decher |
| James G. Grimes, M.D. | Carl H. Dunsberg |
| Roy W. Demeritt | Dr. Mary H. Heath |
| Katharine R. Greenewalt | Pamela Gwynn |
| Frank Springer-Miller | Rosemary De Ganahl |
| Mr. & Mrs. N. R. Wild | Mr. & Mrs. M. D. Scharrf |
| Conrad F. Bowdreau | Maureen Peterson |
| Robert Justis | Virginia M. Steele |
| Gordon Lowe | Gerard Kanonoff |
| Mark W. Kistiel | Prudence Markos |
| Ira Jacobson | John R. Wiley |
| Mr. & Mrs. D. Moriarty | Elizabeth A. Saperly |
| Mr. & Mrs. K. Moriarty | Mr. & Mrs. H. Hillman, Jr. |
| Edwin M. Farrell | Donald B. Stott |
| Stephen L. Wald | Mr. & Mrs. Charles Bulik |
| Miss Barbara Sifka | Saul Z. Cohen |
| Carl H. Kappes, III | Herman M. Declerf |
| Conrad F. Frey | Warren Campbell III |
| Mr. & Mrs. Albert Corrin | Mr. & Mrs. Robert Rollins |
| Robert G. Hill | Rev. & Mrs. M. B. Hall, Jr. |
| John Morrissey | James Jackson |
| Harry P. Beldon | John Balch |
| Mr. & Mrs. F. B. Wasley | Ernest Fryd |
| Mr. & Mrs. P. C. Bosland | Andrew V. Mason, M.D. |
| Henry G. Morehouse | Werner A. Drosdat |
| Richard Lawrence | Patrick G. Zipp |
| Richard B. Sheer | Dr. D. J. Williams |
| Peter R. Gimbel | Spencer Kellogg II |
| Valley View Gold Club, Inc. | Mr. & Mrs. P. C. Newell |

Catch 'n Edge (Cont. from page 5)

The meeting was attended by the State sports' writers, Public Relations people from ski areas, T.V. station sport broadcasters and state officials. It was agreed the day would be called "Vermont

Ski Champions Day" and a banquet and ceremonies would be held at the Woodstock Inn in Woodstock, Vermont. All Vermont members of this year's F.I.S. Alpine and Nordic Teams along with some of the greats of the past will be honored. It will be a very impressive affair held in the beautiful Vermont village where the first rope tow in the country was operated. Don't forget the date: Friday, April 3.

The Giant Slalom Race held every Wednesday at Little Spruce has surely turned into a First Class Affair. Helmut Schranz, our coach for the 14-18 year old junior racers, has been kept busy every Wednesday as forerunner and has been a tough guy to catch. The Ski Team group has added a great deal of color to the race and the "Smuggler's Trophy" is something to see. Capt. Rock King of the Sister Kate Team will attend the United States Veteran's Championship Races at Vail, Colorado this year. The downhill at Vail will be just a little over two minutes. That in itself will favor our Rock from Stowe.

Hope to see you all at Little Spruce Saturday evening the week of the Sugar Slalom.

The Price of Success (Cont. from page 3)

As of now and contending for a spot on the Eastern Squad to go to the Junior Nationals at Park City, Utah we have:

- | | |
|---------------------|----------------|
| Girls | Boys |
| Carol Skinger | Todd Buik |
| Mary Ellen Rathbone | Greg Bartlett |
| Molly Dever | Billy Rathbone |
| Missy Dever (alt.) | Mark LaPointe |
| | Doug Rossi |

and missing Mary Beth Bryan, Wendy Von Allmon, Ann Hazelett and Jeri Dever all of whom had early season injuries.

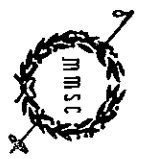
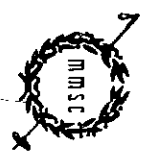
Early in February the club mailed an appeal for help in funding the Mt. Mansfield Ski Educational Foundation. As you can see, we've got a great group of youngsters at all levels, and more than ever before they need your support.

There is no question but that our club will produce more Olympians and as members of Mt. Mansfield Ski Club you have made it all happen.

Dates and Events

MARCH 21st - - - - - **CLUB CHAMPIONSHIPS** **MARCH 29th** - - - - - **EASTER PARADE**
 Costume contest with many prizes.

MARCH 22nd - - - - - **STOWE SCHOOL SKI** **APRIL 11th and 12th** - **30th ANNUAL SUGAR SLALOM**
 CHAMPIONSHIPS **CHAMPIONSHIPS**
 All Men and Women. Dance & Party



CLUB CHAMPIONSHIPS

SATURDAY, MARCH 21, 1970

Club Championships **Children's Slalom** **12:00 Noon, Age group: Under 10 years.**
 10:00 A.M., Age group 10-13 years. Race number pickup, Spruce House,
 14-17, 18-25, 26-40, 41-59, 60 and over. Race number pickup at Spruce House, 8:30-9:30 A.M. Trail to be announced.
 Also - All contestants finishing will be eligible for a chance on a 1970-71 season lift ticket on all uphill facilities.
AWARDS - Club Race and Ticket Drawing - 4:00 P.M., Spruce House.

RACE ENTRY CLOSING
DATE--MARCH 17th
POSITIVELY
NO LATE ENTRIES

ENTRY BLANK FOR CLUB CHAMPIONSHIP RACE

NAME

ADDRESS

.....

AGE FEMALE MALE

Entry fee: \$1.00 Junior; \$3.00 Senior. Amount enclosed \$

Contestants must sign the following release and return this entry blank to Mt. Mansfield Ski Club, Little Spruce, Vt. Entries close March 17th. Pick up numbers at Ski Club Office.

I hereby absolve the Mt. Mansfield Ski Club, Inc., and the Mt. Mansfield Co., Inc., and affiliated companies; or any member or officer thereof; or any person officially connected with this competition from all responsibility for injury of whatever kind, or in any way connected or related to this competition.

Signed

If under 18 years of age Signature of Parent or Guardian will be necessary.

Parent



SKI CLUB NEWS

PUBLISHED FOR THE MEMBERS OF THE MT. MANSFIELD SKI CLUB

Mt. Mansfield Ski Club, Stowe, Vt. 05672

Wednesday Giant Slalom -

This weekly "fun race", often imitated, but never equaled; is an event that attracts more and more attention as time goes on. Old in years but young in enthusiasm, each race attracts more hopeful participants trying to come within the fixed percentage of the time established by such great skiing forerunners as Helmut Schranz, Bernd Hecker, Herman Muckenschmable, Pepi Gabl, and Olympians Billy Kidd, Marvin Moriarty and Rip McManus. The G.S. Gold, Silver and Bronze Spruce tree pins are very much admired by the competitors and are worn with pride by those winners who have come within the magic circle.

The Giant Slalom is open to all skiers, regardless of age or Club affiliation and at noon on any Wednesday, you can see the crowd at the finish line, cheering on their fellow skiers.

This year, through the kindness of Henry Simoneau, a new bowl, named the "Smugler's Cup" has created even more interest. Teams are formed and compete for the honor of displaying the coveted silver bowl at their Inn or Pub for a week. These teams of four, with the top three times counting, are rated on a handicap system which gives all an equal chance to win.

The course for the G.S. is set on the West Slope at Little Spruce and while challenging enough for the expert skier, is not too difficult for an intermediate skier to negotiate; as proven by the number of entrants each week. Each Wednesday as soon as the race is completed, skiers are standing in line to sign up for the following week.

So, when in Stowe, come join the fun at Little Spruce - and you may go home a winner! At the very least you will have a result sheet to prove you ran against the best.

